

Poptsi Eleni



Dr Eleni Poptsi is a psychologist and a principal researcher specializing in mild and major cognitive disorders. She has expertise in neuropsychological assessment and cognitive rehabilitation. She has been working at Alzheimer Hellas since 2005. Her professional responsibilities include the design of cognitive training programs for patients with mild and major cognitive impairments, as well as for healthy older adults. She is also responsible for communicating the diagnosis based on the neuropsychological assessment, as well as for enrolling individuals with minor and major neurocognitive disorders in cognitive training or stimulation programs.

She has been an external collaborator of the Aristotle University of Thessaloniki (AUTH), as well as of the Association for the Support and Care of the Elderly and People with Disabilities – FRONTIZO. She has participated as a speaker in seminars on neurodegenerative disorders addressed to healthcare professionals, students, and the public, and she has attended numerous seminars and conferences in the field of cognitive/mental health. She has a degree in Psychology from AUTH and a Master's degree in Social Psychology from the Medical School of Democritus University of Thrace. She holds a PhD from the Department of Psychology, School of Philosophy at AUTH. She is a former chair and current board member of the Panhellenic Institute of Neurodegenerative Diseases (P.I.N.Dis), and a board member of the Panhellenic Federation for Alzheimer's Disease. She is the author of chapters in four scientific books and has contributed 60 scientific papers to Greek and international conferences. She is also the first author or a co-author of 30 scientific articles published in Greek and international scientific journals.